

## COVID-19 Protocol for In Person Visits

Please note that at any time, MTH retains the right to cease all in person meetings but will continue to offer telehealth.

Please know that we will be taking every precaution and steps necessary to ensure the health and safety of all. We will be implementing all CDC, WHO, local, state and government recommendations to reduce risk and spread of COVID-19.

Here is what Focus Management is doing:

The building's management has a mandatory wearing of face covering in all common areas. They have upped their cleaning procedures with focus on high contact areas. They are hand sanitizing stations throughout the building.

Here is what Moving Toward Health LTD is doing:

1. All employees are mandated to be vaccinated. If they are exempt from vaccination they are required to present negative COVID-19 test results each week prior to seeing clients in office.
2. All employees will be required to stay home if they are sick or have any signs or symptoms of COVID
3. If employee does contract COVID-19, they will be required to remain isolated at home for a minimum of 10 days after symptom onset and can be released after feverless and feeling well (without fever-reducing medication) for at least 72 hours and has a negative COVID-19 test.
4. Any fully vaccinated employee who has had close contact with a person who is diagnosed with COVID-19 will not be required to quarantine (per CDC guidelines) but will be required to get tested 5-7 days after exposure and have a negative test, even if not displaying symptoms.
5. If employee is not fully vaccinated, they will be required to quarantine for 14 days after last contact with sick person and present a negative COVID-19 test prior to their return to the office.
6. If an employee is identified as being COVID-19 positive by testing, CDC cleaning and disinfecting will be performed as soon after the confirmation of a positive test as feasible.
7. All employees are required to wear a mask at all times when in the office and during sessions.
8. Physical distancing (minimum of 6 feet) will be practiced as much as the space allows for.
9. HEPA filter air purifiers with UV light have been installed in each office and in the waiting area and run while the office is in use and for 8 hours after office closing
10. Ethanol (70% and up) based hand sanitizer is available in each office and common area.
11. Open/no touch trash cans are now accessible in all areas of the office.
12. Tissues will be accessible in all spaces.
13. We will be maintaining regular housekeeping practices, including routine cleaning and disinfecting of surfaces, props, and furniture with EPA approved disinfecting products and focus on high touch areas.
14. Sessions will be reduced to 53 minutes to allow for sanitization of all spaces in between client sessions.

What we are asking you to do:

1. All clients entering must undergo wellness check, taking of temperature with a no touch thermometer. If one has a fever of 99.0 degrees or more, they will not be seen.
2. All clients, regardless of age, **must wear a face mask at all times** during appointment and while in the building.
3. All persons entering office space will be asked to sanitize hands (sanitizer will be provided)
4. Client(s) and Clinician must maintain a **minimum of six feet** of physical distance at all times.
5. Clients under 18 are allowed 1 person to accompany them unless otherwise agreed upon with therapist
6. All clients must sign a waiver acknowledging risks and waiving MTH of liability should one become infected with COVID-19.